

# Diaper Bag **PACKING LIST**



## **Essentials**

- SNACKS
- THERMOMETER
- BLANKET
- DIAPERS & WIPES (1 X EVERY 2 HOURS)
- RASH CREAM
- BURP CLOTH
- EXTRA PAIR OF CLOTHES FOR MOM & BABY
- WET BAG/ZIPLOC BAG
- ELECTRONICS/CHARGERS
- TOYS (3-4) [LINK HERE](#)
- BIB/DISPOSABLE BIBS [LINK HERE](#)
- SANITIZING WIPES [LINK HERE](#)
- SNACK CONTAINER [LINK HERE](#)
- WATER BOTTLE [LINK HERE](#)
- FIRST AID + MEDICINES [LINK HERE](#)
  - ANTI-INFLAMMATORY, ANTIHISTAMINE, MOTION SICKNESS
- PORTABLE SOUND MACHINE [LINK HERE](#)
- CHANGING PAD [LINK HERE](#)
- PACIFIER/TEETHERS [LINK HERE](#)

# Diaper Bag PACKING LIST



## **Nursing/Pumping**

- NIPPLE OINTMENT
- BREAST PUMP
- BOTTLES
- BREAST PADS
- NURSING COVER (IF DESIRED) [LINK HERE](#)
- COOLER OR CERES CHILL [LINK HERE](#)
- MILK STORAGE BAGS [LINK HERE](#)
- SANITIZING WIPES/STERILIZATION BAGS [LINK HERE](#)

## **Formula Feeding**

- FORMULA (PRE-MEASURED IN DISPENSER)
- BOTTLES
- BOTTLE CLEANING SUPPLIES
- BABY'S BREW [HTTPS://WWW.THEBABYSBREW.COM](https://www.thebabysbrew.com)

## **Documents**

- PASSPORT/BIRTH CERTIFICATE
- HEALTH INSURANCE CARD